



DELECTABLY HOLISTIC  
NUTRITION COUNSELING

Client Liability Waiver

I acknowledge that I am aware that Janette Beier of Delectably Holistic, LLC is not a medical doctor and does not diagnose disease. I also acknowledge that I should consult a Physician before undergoing any dietary or food supplement changes. I also affirmatively state that I have disclosed any and all known medical or genetic conditions, medications I use, and any significant personal or family medical history. Any recommendations that I follow for changes in diet, exercise, or behavior, are entirely my choice and my responsibility. I am knowingly assuming any risk associated with nutritional counseling.

In consideration of my participation in nutrition counseling, I hereby accept all risk to my health and of my injury or death that may result from such participation and I hereby release Delectably Holistic, LLC, Janette Beier, and all her kin and associates, from any liability whatsoever to me, my personal representatives, estate, heirs, next of kin, and assigns for any and all claims and causes of action for loss of or damage to my property and for any and all illness, injury or other harm to my person, including my death, that may result from or occur during my participation in nutrition counseling.

I HAVE CAREFULLY READ THIS AGREEMENT AND UNDERSTAND IT TO BE A RELEASE OF ALL CLAIMS AND CAUSES OF ACTION FOR MY INJURY OR DEATH OR DAMAGE TO MY PROPERTY THAT OCCURS WHILE PARTICIPATING IN NUTRITION COUNSELING AND OR DEATH OF ANY PERSON AND DAMAGE TO PROPERTY CAUSED BY MY NEGLIGENT OR INTENTIONAL ACT OR OMISSION.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_